

**SANTA BARBARA COUNTY SBCERS RETIREE MONTHLY PREMIUM AMOUNTS**  
**JANUARY 1, 2023 - DECEMBER 31, 2023**

NON-MEDICARE	BLUE SHIELD Medical with Regular Prescription Plan				
	Narrow Network PPO	Low Option EPO	High Option EPO	PPO	HDHP
Sgl NMC Retiree Only	1,644.25	1,740.25	2,017.25	1,773.25	1,358.25
Dbl NMC Retiree + 1 NMC dep	3,041.25	3,219.25	3,733.25	3,279.25	2,512.25
Fam NMC Retiree + 2 NMC deps	4,775.25	5,056.25	5,861.25	5,156.25	3,948.25

BLUE SHIELD Medical w/Medicare PDP				
Narrow Network PPO	Low Option EPO	High Option EPO	PPO	
N/A	N/A	N/A	N/A	NMC Retiree Only
N/A	N/A	N/A	N/A	NMC Retiree + 1 NMC dep
N/A	N/A	N/A	N/A	NMC Retiree + 2 NMC deps

NON-MEDICARE
NMC Retiree Only
NMC Retiree + 1 NMC dep
NMC Retiree + 2 NMC deps

KAISER Southern Cal Only; Under Age	
Low Option HMO	High Option HMO
1,017.25	1,059.25
1,916.25	1,994.25
2,915.25	3,036.25

KAISER - Unassigned Southern Cal Only; Age 65 & Over w/No MC	
Low Option HMO	High Option HMO
Rates Available from Alliant Upon Request	Rates Available from Alliant Upon Request

MEDICARE	BLUE SHIELD Medical with Regular Prescription Plan				
	Narrow Network PPO	Low Option EPO	High Option EPO	PPO	HDHP
Sgl MC Retiree Only	783.25	930.25	961.25	1,058.25	1,072.25
Dbl MC Retiree + 1 MC dep	1,565.25	1,863.25	1,921.25	2,113.25	2,139.25
Fam MC Retiree + 2 MC deps	2,349.25	2,792.25	2,882.25	3,169.25	3,210.25

BLUE SHIELD Medical w/Medicare PDP				
Narrow Network PPO	Low Option EPO	High Option EPO	PPO	
706.25	837.25	866.25	965.25	MC Retiree Only
1,410.25	1,670.25	1,732.25	1,931.25	MC Retiree + 1 MC dep
2,118.25	2,509.25	2,599.25	2,895.25	MC Retiree + 2 MC deps

MEDICARE
MC Retiree Only
MC Retiree + 1 MC dep
MC Retiree + 2 MC deps

KAISER Senior Advantage Southern Cal Only, Age 65 w/MC A&B	
Low Option HMO	High Option HMO
154.25	177.25
297.25	343.25
Upon Request	Upon Request

KAISER - Unassigned Southern Cal Only; Age 65 & Over w/No MC	
Low Option HMO	High Option HMO
O N L Y Medicare A & B enrolled retirees	

United Healthcare Medicare Advantage	
Low Option HMO	High Option HMO
312.44	517.07
624.88	1,034.14
937.32	1,551.21

COMBINATION	BLUE SHIELD Medical with Regular Prescription Plan				
	Narrow Network PPO	Low Option EPO	High Option EPO	PPO	HDHP
Dbl NMC Retiree + 1 MC dep	2,426.25	2,673.25	2,977.25	2,828.25	2,425.25
Fam NMC Retiree + 2 MC deps	3,209.25	3,603.25	3,938.25	3,886.25	3,497.25
Fam NMC Retiree + 1 MC dep + 1 NMC dep	3,823.25	4,152.25	4,693.25	4,334.25	3,579.25
Dbl MC Retiree + 1 NMC dep	2,180.25	2,409.25	2,677.25	2,564.25	2,226.25
Fam MC Retiree + 2 NMC deps	3,914.25	4,246.25	4,805.25	4,441.25	3,662.25
Fam MC Retiree + 1 MC dep + 1 NMC dep	2,962.25	3,342.25	3,637.25	3,619.25	3,293.25

BLUE SHIELD Medical w/Medicare PDP				
Narrow Network PPO	Low Option EPO	High Option EPO	PPO	
2,103.25	2,316.25	2,582.25	2,471.25	NMC Retiree + 1 MC dep
Call Alliant for Rate	Call Alliant for Rate	Call Alliant for Rate	Call Alliant for Rate	NMC Retiree + 2 MC deps
3,837.25	4,153.25	4,710.25	4,348.25	NMC Retiree + 1 MC dep + 1 NMC dep
2,103.25	2,316.25	2,582.25	2,471.25	MC Retiree + 1 NMC dep
3,837.25	4,153.25	4,710.25	4,348.25	MC Retiree + 2 NMC deps
2,809.25	3,153.25	3,448.25	3,437.25	MC Retiree + 1 MC dep + 1 NMC dep

COMBINATION
NMC Retiree + 1 MC dep
NMC Retiree + 2 MC deps
NMC Retiree + 1 MC dep + 1 NMC dep
MC Retiree + 1 NMC dep
MC Retiree + 2 NMC deps
MC Retiree + 1 MC dep + 1 NMC dep

KAISER	
Low Option HMO	High Option HMO
1,171.25	1,236.25
2,052.25	2,154.25
2,070.25	2,171.25
1,053.25	1,112.25
2,052.25	2,154.25
1,296.25	1,385.25

KAISER - Unassigned Southern Cal Only; Age 65 & Over w/No MC	
Low Option HMO	High Option HMO
Combination Rates are available from Alliant Upon Request	

DELTA DENTAL			CareCounsel (mandatory)
	DELTA DENTAL PPO	DELTACARE USA HMO	
Retiree Only	45.30	32.88	
Retiree+1 dep	74.50	54.04	
Retiree+2 dep	113.20	82.05	
			3.35

VISION	
Retiree Only	6.36
Retiree +1 dep	9.14
Retiree +2 dep	16.40

DELTA DENTAL			CareCounsel (mandatory)	VISION	
	DELTA DENTAL PPO	DELTACARE USA HMO			
Retiree Only	45.30	32.88			Sg Retiree Only
Retiree+1 dep	74.50	54.04	3.35	Dbl Retiree +1 dep	9.14
Retiree+2 dep	113.20	82.05		Fa Retiree +2 dep	16.40