

SBCERS

Information on Disability Retirement Benefits and SBCERS Account Management Best Practices

✓ Learn about Disability Retirement Benefits in relation to COVID-19 or other medical condition.

If you become permanently unable to perform the usual duties of your position, you may be eligible for disability retirement benefits. SBCERS Disability benefits are available for both service and non-service (if vested) related illnesses. Your surviving spouse and minor children may also be eligible for disability continuance benefits in the event that you pass away as an active employee.

The following resources are available to help you understand disability retirement benefits available:

- [Disability Retirement Brochure](#)
- [Video: Disability Retirement Process](#)

If you have a disabling medical condition that is potentially life threatening, it is important that you contact us as soon as possible to ensure your opportunity to select the retirement and continuance benefit options that best fit your family circumstances.

If you have additional questions, please contact us at crirod@sbcers.org or (805) 568-2939.

✓ Sign up for a *mySBCERS* account.

Visit us at www.sbcers.org or go to <https://mysbcers.org> in order to start the process of creating an online portal account with SBCERS. Using the portal you will be able to get information on your account balances, benefit estimates, schedule appointments with SBCERS and access forms to update your account information.

✓ Update your beneficiary.

Log in to your *mySBCERS* account to verify that your retirement account beneficiaries are up to date. If you need to update your beneficiaries, complete and submit a new [Beneficiary Designation Form](#).

Dissolution of Marriage: *If a dissolution of marriage or domestic partnership has occurred, you must provide our office with conformed copies of court orders or waivers regarding the disposition of your SBCERS benefits. Until these documents are provided, we cannot change your current beneficiary designation.*

✓ Complete an SBCERS Durable Power of Attorney.

[The Special Durable Power of Attorney Form](#) is intended for appointing an Attorney-in-Fact to transact all retirement matters relating to your SBCERS benefits. This document creates a durable power of attorney, which continues if you become incapacitated.



1-877-568-2940



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www.sbcers.org