

**SANTA BARBARA COUNTY SBCERS RETIREE MONTHLY PREMIUM AMOUNTS
JANUARY 1, 2025 - DECEMBER 31, 2025**

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JANUARY 1, 2025 - DECEMBER 31, 2025**

NON-MEDICARE	BLUE SHIELD Medical with Regular Prescription Plan				
	Narrow Network PPO	Low Option EPO	High Option EPO	PPO	HDHP
Sgl NMC Retiree Only	\$1,924.25	\$2,036.25	\$2,360.25	\$2,074.25	\$1,589.25
Dbl NMC Retiree + 1 NMC dep	\$3,558.25	\$3,767.25	\$4,368.25	\$3,837.25	\$2,939.25
Fam NMC Retiree + 2 NMC deps	\$5,588.25	\$5,916.25	\$6,858.25	\$6,033.25	\$4,620.25

BLUE SHIELD Medical w/Medicare PDP				
Narrow Network PPO	Low Option EPO	High Option EPO	PPO	
N/A	N/A	N/A	N/A	
N/A	N/A	N/A	N/A	
N/A	N/A	N/A	N/A	

NON-MEDICARE
NMC Retiree Only
NMC Retiree + 1 NMC dep
NMC Retiree + 2 NMC deps

KAISER Southern Cal Only; Under Age 65 Only	
Low Option HMO	High Option HMO
\$1,190.25	\$1,239.25
\$2,242.25	\$2,333.25
\$3,411.25	\$3,552.25

KAISER - Unassigned Southern Cal Only; Age 65 & Over w/No MC	
Low Option HMO	High Option HMO
Rates Available from Alliant Upon Request	Rates Available from Alliant Upon Request

MEDICARE	BLUE SHIELD Medical with Regular Prescription Plan				
	Narrow Network PPO	Low Option EPO	High Option EPO	PPO	HDHP
Sgl MC Retiree Only	\$917.25	\$1,088.25	\$1,124.25	\$1,238.25	\$1,255.25
Dbl MC Retiree + 1 MC dep	\$1,831.25	\$2,180.25	\$2,247.25	\$2,473.25	\$2,503.25
Fam MC Retiree + 2 MC deps	\$2,749.25	\$3,267.25	\$3,373.25	\$3,709.25	\$3,757.25

BLUE SHIELD Medical w/Medicare PDP				
Narrow Network PPO	Low Option EPO	High Option EPO	PPO	
\$826.25	\$979.25	\$1,014.25	\$1,129.25	
\$1,650.25	\$1,954.25	\$2,026.25	\$2,260.25	
\$2,478.25	\$2,936.25	\$3,041.25	\$3,387.25	

MEDICARE
MC Retiree Only
MC Retiree + 1 MC dep
MC Retiree + 2 MC deps

KAISER Senior Advantage Southern Cal Only; Age 65 w/MC A&B	
Low Option HMO	High Option HMO
\$195.25	\$224.25
\$376.25	\$434.25
Upon Request	Upon Request

KAISER - Unassigned Southern Cal Only; Age 65 & Over w/No MC	
Low Option HMO	High Option HMO
ONLY Medicare A & B enrolled retirees are eligible for this plan	

United Healthcare Medicare Advantage	
Low Option HMO	High Option HMO
\$456.12	\$595.93
\$912.24	\$1,191.86
\$1,368.36	\$1,787.79

COMBINATION	BLUE SHIELD Medical with Regular Prescription Plan				
	Narrow Network PPO	Low Option EPO	High Option EPO	PPO	HDHP
Dbl NMC Retiree + 1 MC dep	\$2,838.25	\$3,128.25	\$3,483.25	\$3,309.25	\$2,837.25
Fam NMC Retiree + 2 MC deps	\$3,755.25	\$4,216.25	\$4,607.25	\$4,547.25	\$4,092.25
Fam NMC Retiree + 1 MC dep + 1 NMC dep	\$4,472.25	\$4,859.25	\$5,491.25	\$5,072.25	\$4,187.25
Dbl MC Retiree + 1 NMC dep	\$2,551.25	\$2,819.25	\$3,132.25	\$3,001.25	\$2,605.25
Fam MC Retiree + 2 NMC deps	\$4,581.25	\$4,968.25	\$5,622.25	\$5,197.25	\$4,286.25
Fam MC Retiree + 1 MC dep + 1 NMC dep	\$3,465.25	\$3,911.25	\$4,255.25	\$4,236.25	\$3,853.25

BLUE SHIELD Medical w/Medicare PDP				
Narrow Network PPO	Low Option EPO	High Option EPO	PPO	
\$2,460.25	\$2,710.25	\$3,022.25	\$2,892.25	
Call Alliant for Rate	Call Alliant for Rate	Call Alliant for Rate	Call Alliant for Rate	
\$4,490.25	\$4,859.25	\$5,512.25	\$5,088.25	
\$2,460.25	\$2,710.25	\$3,022.25	\$2,892.25	
\$4,490.25	\$4,859.25	\$5,512.25	\$5,088.25	
\$3,286.25	\$3,689.25	\$4,036.25	\$4,023.25	

COMBINATION
NMC Retiree + 1 MC dep
NMC Retiree + 2 MC deps
NMC Retiree + 1 MC dep + 1 NMC dep
MC Retiree + 1 NMC dep
MC Retiree + 2 NMC deps
MC Retiree + 1 MC dep + 1 NMC dep

KAISER	
Low Option HMO	High Option HMO
\$1,385.25	\$1,463.25
\$2,416.25	\$2,537.25
\$2,437.25	\$2,557.25
\$1,247.25	\$1,318.25
\$2,416.25	\$2,537.25
\$1,545.25	\$1,653.25

KAISER - Unassigned Southern Cal Only; Age 65 & Over w/No MC	
Low Option HMO	High Option HMO
Combination Rates are available from Alliant Upon Request	

DELTA DENTAL			CareCounsel (mandatory)
	DELTA DENTAL PPO	DELTACARE USA HMO	
Retiree Only	50.27	32.88	3.45
Retiree+1 dep	82.67	54.04	
Retiree+2 dep	125.62	82.05	

VISION	
Retiree Only	6.36
Retiree +1 dep	9.14
Retiree +2 dep	16.40

DELTA DENTAL			CareCounsel (mandatory)	VISION	
	DELTA DENTAL PPO	DELTACARE USA HMO			
Retiree Only	\$50.27	\$32.88	3.45	Sg Retiree Only	6.36
Retiree+1 dep	\$82.67	\$54.04		Dt Retiree +1 dep	9.14
Retiree+2 dep	\$125.62	\$82.05		Fa Retiree +2 dep	16.40