

## Our Mission

The Santa Barbara County Firefighters Benevolent Foundation was established in 2002 to assist SBC firefighters, their families and the Fire Department family. The Payroll Deduction Program allows us to offer the following assistance:

**SBCFBF** will offer immediate financial support to the family of a fallen firefighter.

**SBCFBF** will fund and assist in the acquisition of scholarships for children of fallen firefighters.

**SBCFBF** will coordinate travel and accommodation assistance for family members of a firefighter stricken in the line of duty.

**SBCFBF** will assist families with financial and estate planning.



SANTA BARBARA  
COUNTY FIREFIGHTERS  
*benevolent foundation*

## Helping the SBCFBF

Santa Barbara County retirees can contribute directly to the Benevolent Foundation through our Payroll Deduction Program. It is a program developed and managed by the Officers and Board of Directors of the Foundation.

Your tax deductible contribution will be forwarded to the Benevolent Foundation each month and will be noted on your pay stub.

Your contribution also funds operational costs associated with the Foundation. Officers and Directors are not compensated for their service to the Foundation.

## Enroll Today

A donation of \$10 or more per month is all that it takes to greatly strengthen our Benevolent Foundation. As our financial resiliency strengthens, so will the benefits offered to our firefighters.



## A Fighting Chance

More than 100 firefighters are killed in the line of duty every year. Our profession is inherently dangerous; therefore we must always be prepared for the unexpected.

In the history of the Santa Barbara County Fire Department eight firefighters have lost their lives in the line of duty.

It is our goal as an organization to support and assist the families of our firefighters during their time of need. The Benevolent Foundation will be there to offer assistance, guidance and compassion.



## SBCFBF Payroll Deduction

Sign up for:

- ☐ \$10 per month
- ☐ \$15 per month
- ☐ \$20 per month
- ☐ \$25 per month
- ☐ \$30 per month
- ☐ Customized amount \_\_\_\_\_
- ☐ One time donation \_\_\_\_\_

Please provide the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Deduction start date: \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date

Santa Barbara  
County Firefighters

# Benevolent Foundation



Payroll Deduction Program

P.O. Box 6618 Santa Barbara, CA 93160  
[www.sbcfbf.com](http://www.sbcfbf.com)

## Santa Barbara County Fire Department Peer Support Team



Congratulations on your upcoming retirement! Whether you served the public in the community you lived in, or provided emergency services for those in another community, be proud of the fact you made an impact not only in the lives of those you helped, but your fellow Firefighters. They may not have reached out and thanked you in person, but rest assured your efforts were appreciated. Not only does the public thank you for your service, but the Santa Barbara County Fire Department thanks you for your service as well! Whether you worked 10, 20, or 30+ years, as you make the transition from answering the call, we hope you are separating from the Department not only physically healthy, but mentally healthy as well.

As the tones stop, you may find the “quiet” brings up various memories from your years in the Fire Service. Hopefully the majority of these memories are happy and fond ones, however you may also experience memories that are not so welcome. Retirees often mention that they feel like they are forgotten once they have run their last call on duty. Your Santa Barbara County Fire Department’s Peer Support Team wants you to know that you are not forgotten, and just because we do not see you during shift exchange, we are here to help you during this time of transition and into the future as well.

Just because you are retired now, you don’t get to turn in all of your years of experiences from running calls back to Logistics unfortunately. Your Peer Support Team is here to help you as a Retiree, just as when you reported for duty. There are many confidential resources available to you and your family post retirement. There are Firefighter culturally competent clinicians from The Counseling Team International (TCTI) available to assist you for free at 800-222-9691, as well as active and retired Firefighter Peer Supporters. If you find yourself struggling during your transition into (or even years after) retirement, know that you are not alone and that it is ok to not be ok.

The process is simple, go to [Firestrong.org](https://firestrong.org) (click on Santa Barbara County Op Area Agencies), which is a website where you will find access to numerous Peer Supporters, Chaplains, as well as links to articles on various mental health topics and anonymous self-screening tools. You could also scan the QR code below that will take you straight to the [Firestrong.org](https://firestrong.org) website. You can always reach out to a member of your Peer Support Team at the stations or through [Firestrong.org](https://firestrong.org). There are also several Retiree members on the Peer Support Team you can reach out to (Al MesKimen, Nikki Stevens, Mike Patarak, and Ken Murray). We know for some this may be a time of joy and a time of uncertainty for others, but we are here to help either way.

Again, congratulations on your retirement, we thank you for your years of dedicated service, and remember that you are not forgotten. Take care and stay safe!

